

FAQs

What if I just need direction?

A consultation may be scheduled to make a plan of action and direct parents to community resources that will meet their needs.

My child is 8 years old, is he too young for therapy?

I serve children from the age of 6 years. The younger the child, the more attention is given to the needs of the parent in gaining additional resources to help the child.

What type of therapy models do you use for your treatments?

I use an interactive, cognitive-behavioral approach, working with the child or adolescent and the parent(s) and other caregivers. Other models are employed as needed.

How many sessions can I expect?

The time it takes to resolve the initial concern is always dependant on those involved, expectations, and progress towards established goals. Goal setting is done at the initial meeting.

Is it only my child that attends therapy?

My perspective is that family involvement, whether through therapy, education, or consultation, is vital to a positive outcome.

How do we know when therapy is complete?

Goals are established in the first meeting and reviewed consistently. The goals provide the roadmap to determine successful completion.

Do you work just with couples or individuals?

Yes. When the issues do not involve children, or there are no children in the home, I employ a cognitive behavioral approach utilizing therapy models that are shown to be effective with the presenting problem.

Appointments

Appointments may be made through my office by calling 704.365.7777 x325. My office hours are Monday through Friday from 8 a.m. until 6 p.m. Other times are available by special appointment. You may call my office if you have any questions regarding services.

Payments

Check, Cash, Insurance plans, Medicaid, and NC Health Choice.

Cameron Valley Psychotherapy
& Counseling Associates

6845 Fairview Road
Charlotte, NC 28210
(704) 364-4333 ext. 104

dave@davehoppe.com
www.davehoppe.com



David A. Hoppe

M.S.W. L.C.S.W. A.C.S.W.

THERAPIST • TRAINER • EDUCATOR

Cameron Valley Psychotherapy & Counseling Associates
6845 Fairview Road • Charlotte, NC 28210 • 704.364.4333 ext. 104

A Message

Therapy is often the last thought on your mind when a problem occurs. Many contribute a problem behavior, emotional crisis, or difficult life event as “a phase” or an issue that “will pass”, or that no one can help. The truth is, on a daily basis, many issues will resolve themselves, it is situational or a developmental phase, and it will pass. However, other times you need professional help and support in getting through a crisis or a difficult situation. My 16 years of experience working directly with children and families, designing and directing clinical programs and child-serving agencies, as well as educating and training other professionals at the State and local level, has given me an understanding of what it takes to work with complex behavioral and emotional issues experienced by children, adolescents, parents and families. First, without a doubt, they need someone qualified to really listen and understand their issues, without casting blame. Secondly, they want to be assured that this person will be responsive to their concerns, their worries and their needs. Lastly, they want a plan of action using concrete, employable interventions to reduce or eliminate the problem, and know that they will have constant support throughout the process. My entire career I have been known for my passion and dedication, always providing the highest quality of service to the children, adolescents, parents and families with whom I work. I assure you that this will always remain the focal point of my practice. Working together, there is hope.

David A. Hoppe

M.S.W. L.C.S.W. A.C.S.W.

Biography

Credentials

- **University of Illinois - Bachelor and Master of Social Work**
- **Licensed Clinical Social Worker**
- **Academy of Certified Social Workers**
- **National Social Work Honor Society**
- **Certified Instructor, Crisis Prevention Institute**
- **Love & Logic[®] Parenting Model Instructor**

Clinical Background

Executive Director, The Relatives

Runaways • Crisis • Juvenile Delinquency • Behavior Disorders

Chief Operating Officer, Alexander Youth Network

Residential Treatment • Self-Harm • Crisis • Behavior Disorders • Psychiatric Disorders

Director of Residential Treatment, The Pavilion Hospital

Self-harm • Suicide • Behavior Disorders • Psychiatric Disorders

Certified and Trained as a School Social Worker

Elementary • Middle • High School

Children

Based on a vision that all children deserve to live and pursue a happy and positive life, but at times they cannot do it alone, I focus my practice on serving those children and adolescents that are difficult to serve and have issues with:

Conflict • Oppositional, Defiant Behavior • Anger • Depression • Adjustment Issues with School, Family and Peers • Self-Harm Behaviors • Social Skills Deficits

Family

It is important that a family share the same belief that everyone deserves to live in a safe and stable home environment. We know that within a family we have many different issues and problems, as well as strengths. The treatment objective is to resolve the issues, and capitalize on the strengths.

Couples

Marital and divorce issues affect the healthy development of children and adolescents, and contribute to negative behavior and family conflict. Services provided to parents who are together or living apart focus on their individual needs and on the developmental needs of the children and adolescents who are involved.

Parent Education

Classes are available for:

New Parents • Parents of Adolescents • Parents of Children • Single and Divorced Parents • Foster Parents

Consulting & Training Services

Services provided in the following specialties:

Clinical Consultation • Behavior Management • Self-Harm Behaviors • Suicide Prevention